

## Pregnancy Risk Assessment Checklist

(One or more checked boxes may indicate potential for high risk pregnancy)

- **Age**
  - Teenager under age 17
  - Over 40 years old (with or without MFM consult)
  
- **Pre-Existing Health Conditions**

<ul style="list-style-type: none"> <li><input type="checkbox"/> Anemia (Hgb less than 8 g/dL)</li> <li><input type="checkbox"/> Asthma or other pulmonary disease suboptimally controlled</li> <li><input type="checkbox"/> Autoimmune Disease</li> <li><input type="checkbox"/> Diabetes</li> <li><input type="checkbox"/> HIV/AIDS</li> <li><input type="checkbox"/> Hypercoagulable States; Coagulopathy &amp;/or Bleeding Disorders</li> <li><input type="checkbox"/> Hypertension</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Intrauterine Infection (TORCH, Zika, etc.)</li> <li><input type="checkbox"/> Kidney Disease (excluding UTI)</li> <li><input type="checkbox"/> Maternal Congenital Defects (i.e. Cardiac corrected or uncorrected) or Genetic Disorders (i.e. CF)</li> <li><input type="checkbox"/> Obesity-pre-pregnancy or 1<sup>st</sup> trimester BMI &gt;35</li> <li><input type="checkbox"/> Psychiatric Disorder(s) –ongoing or h/o peripartum depression</li> <li><input type="checkbox"/> Thyroid Disease-all hyperthyroid or suboptimally controlled hypothyroid</li> <li><input type="checkbox"/> Other _____</li> </ul>
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- **Conditions of Pregnancy**
  - Abnormal Placenta (Placenta Previa in 3<sup>rd</sup> trimester, Placenta Accreta, etc.)
  - Alloimmunization (Rh, Kell, etc.)
  - Fetal Anomalies (Congenital, Intrauterine growth restriction, etc.)
  - Gestational Diabetes
  - History of Myomectomy/Uterine Surgery
  - History of Preeclampsia prior to 32 weeks or any h/o Eclampsia or HELLP Syndrome (any gestational age)
  - Multiple Gestation
  - Preterm Labor and/or history of spontaneous Preterm Delivery (PTD)
  - Prior C-Sections 3 or more
  
- **Lifestyle Factors**
  - Alcohol Use – in first trimester or ongoing
  - Cigarette Smoking – during pregnancy
  - Substance Use including Opioid Dependency – during pregnancy (Drug: \_\_\_\_\_)
  
- **Medications** - ongoing with potential for maternal or fetal implications  
 \_\_\_\_\_
  
- **First local Consultation Prior to 32 weeks of Gestation**    Yes    No    (circle response)

Patient IS / IS NOT deemed a higher risk for complication(s) as of the date below (circle response)

Physician/Extender Signature: \_\_\_\_\_ Date: \_\_\_\_\_

National Institute of Child Health and Human Development (NICHD). (2017). What are the factors that put a pregnancy at risk? Retrieved from: <https://www.nichd.nih.gov/health/topics/high-risk/conditioninfo/eggs/factors.aspx>

Society for Maternal Fetal Medicine (SMFM). (2017). Maternal fetal medicine: High risk pregnancy care, research, and education for over 35 years. Retrieved from: <https://provider.intotalhealth.org/uploads/files/anti-research%20high%20risk%20pregnancy.pdf>